

# BHR Integrated Care Partnership update

## Alison Blair, Director of Transition - Barking and Dagenham, Havering and Redbridge

Barking and Dagenham Health Scrutiny Committee

3 September 2019

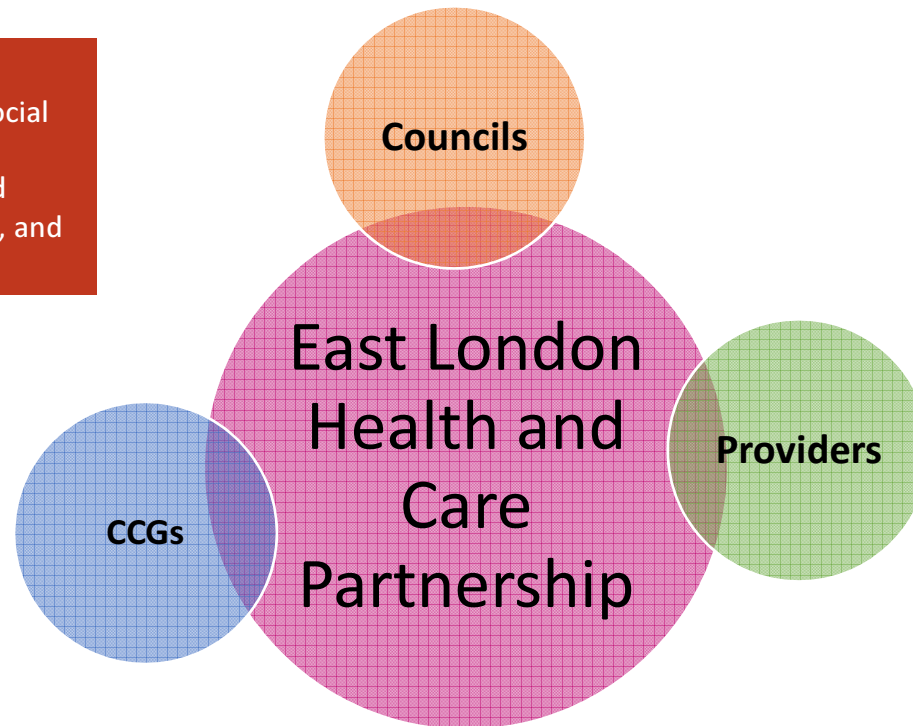


## Councils

Local councils commission social care services such as sexual health, drug and alcohol, and some mental health services, and residential care homes.

## NHS Clinical Commissioning Groups (CCGs)

Plan and buy health services for the residents in their borough: from cancer care to mental health; hospital operations to prescriptions.



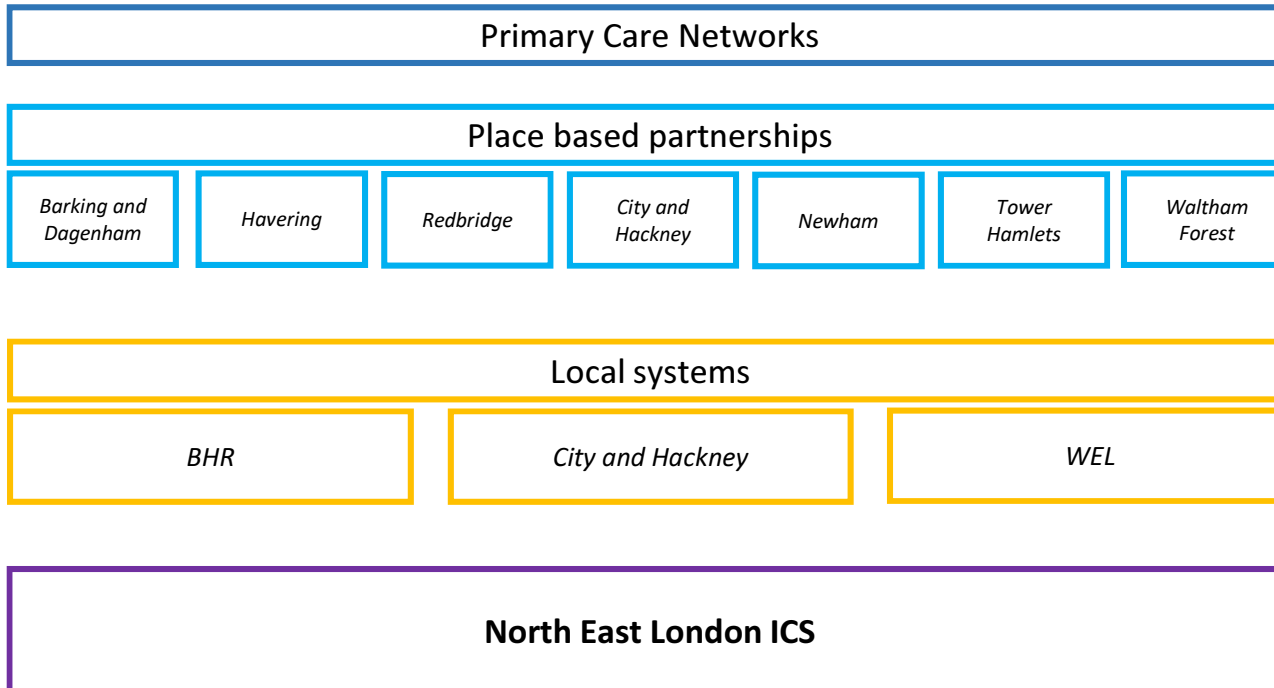
## Providers

These organisations deliver health services such as GP practices, hospitals, mental health, and community services. Providing inpatient, outpatient, emergency and planned services, mental health and community services, in hospitals, clinics and people's homes.

Together these organisations plan and coordinate health and social care across north east London

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**East London Health and Care Partnership (ELHCP).**



Source: BHR Accountable Care Strategic Outline Case, November 2017

To accelerate improved health and wellbeing outcomes for the people of Barking and Dagenham, Havering and Redbridge and deliver sustainable provision of high quality health and wellbeing services.



Barking and Dagenham, Havering and Redbridge Integrated Care Partnership  
statement of purpose

## Integrated culture

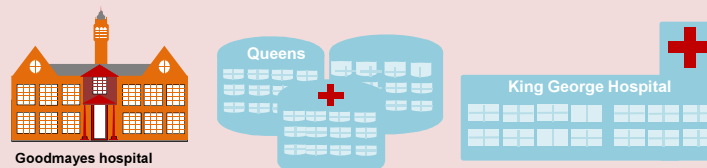
- The ICPB has agreed a set of values and principles (see below)
- The ICPB recognises there is a lot more work to be done to engage with staff and is exploring how to take this forward with comms leads from each respective ICP organisation.

Values	Principles
✓ To sign up to our joint vision, putting the patient and public at the centre of our work	✓ We work in partnership and demonstrate respect for all professional perspectives
✓ To put quality and safety at the heart of everything we do	✓ We aim for agreement wherever possible and stick to it
✓ To work together to deliver the vision, not undermine each other	✓ We aim for honest closure where we cannot agree
✓ To lead, not blame	✓ We speak well of each other
✓ To look for answers not give excuses	✓ We involve each other as early as possible
	✓ We try our hardest to work on a 'no surprises' basis
	✓ When we collectively give authority to team members to act, we let them deliver

# Delivery model

Hospitals

Planned care will be supported for early discharge enabling shorter length of stay in hospitals

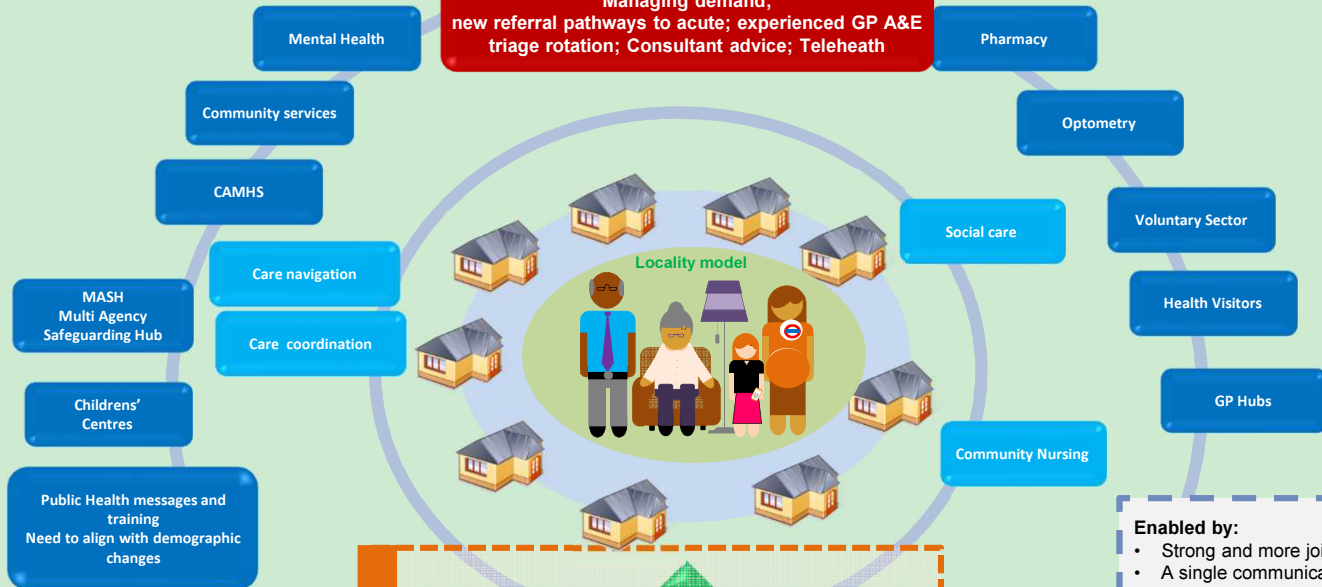


Hospital clinicians spend more time in the locality and outside of the hospital

Locality delivery model

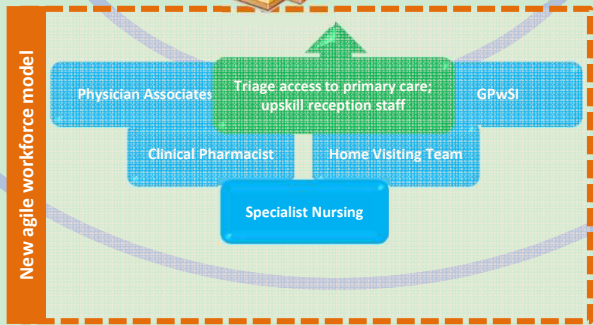
Urgent and emergency care attendances will be re-directed back into the locality model where appropriate

Managing demand; new referral pathways to acute; experienced GP A&E triage rotation; Consultant advice; Telehealth



**Locality model**  
A geographically aligned community of care with a population of c50,000 – 80,000 supported by a network of 8-15 GP practices  
Population segmentation of:  
• Children  
• Chronic elderly

- Services provided by Community Hubs:**
- GP / community nursing walk-in clinics
  - Health and wellbeing programmes
  - Employment support
  - Housing support
  - Healthy living prevention activities
  - Education (adults and schools)
  - Welfare and housing support
  - Work and skills support



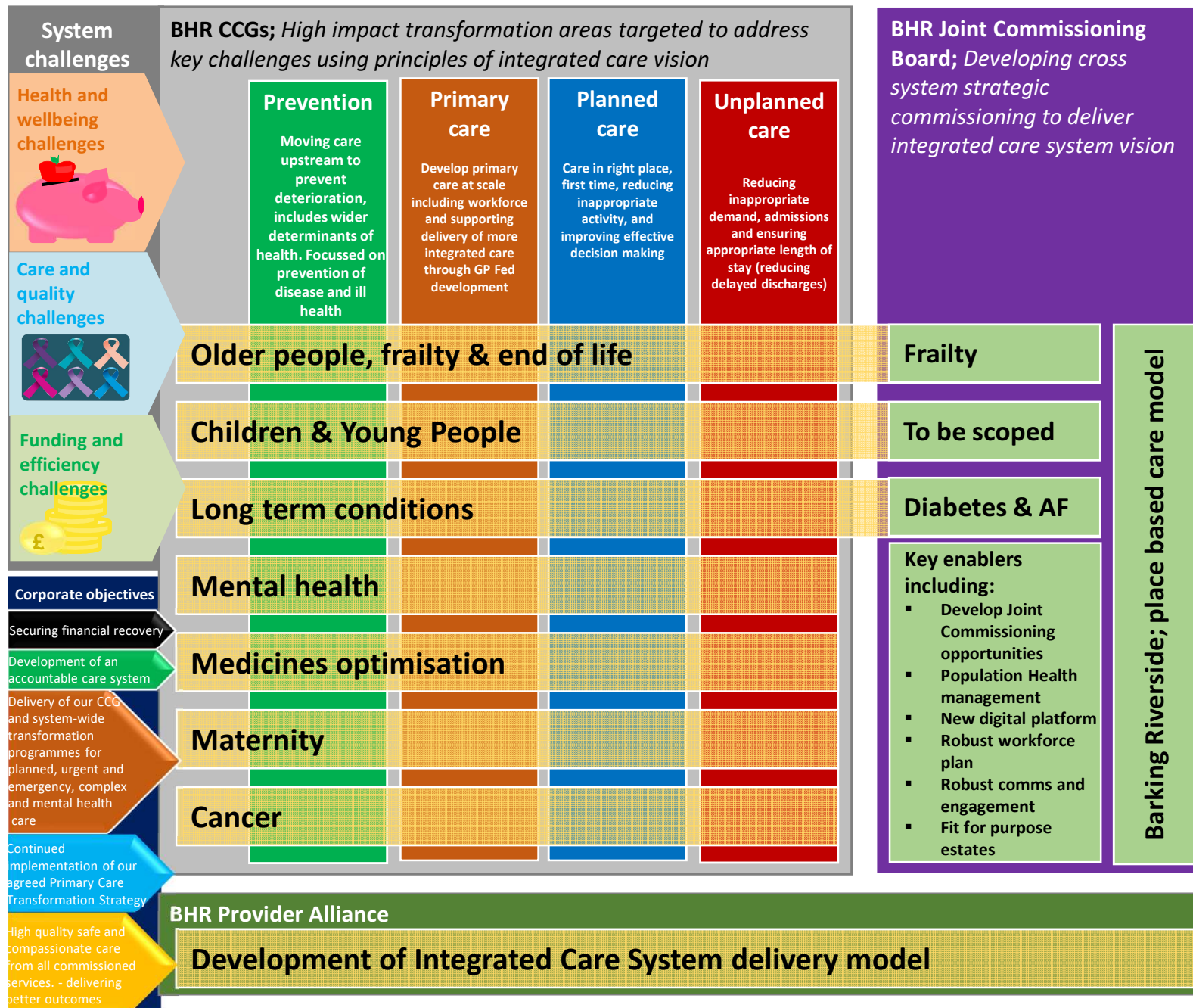
- Enabled by:**
- Strong and more joined up IT platforms
  - A single communication strategy and message, so everyone in the ACO knows who the patient should be referred to and who they have already seen
  - Educating the population to empower them to be responsible for their own care
  - Preventative care programmes – home adaptation and healthy lifestyle
  - Educating the population so they are aware of how the health system works, and who they should go to, rather than turning up at A&E

Contributors to the design of the locality model:



We have spoken with almost 8,000 people who work in health and care, or live, in Barking and Dagenham, Havering and Redbridge; the outputs of these conversations and surveys have fed into the development of the locality model.

# Transforming Health and Care in BHR



**Vision**

**ICP VISION**

To accelerate improved health and wellbeing outcomes for the people of Barking & Dagenham, Havering and Redbridge and deliver sustainable provision of high quality health and wellbeing services



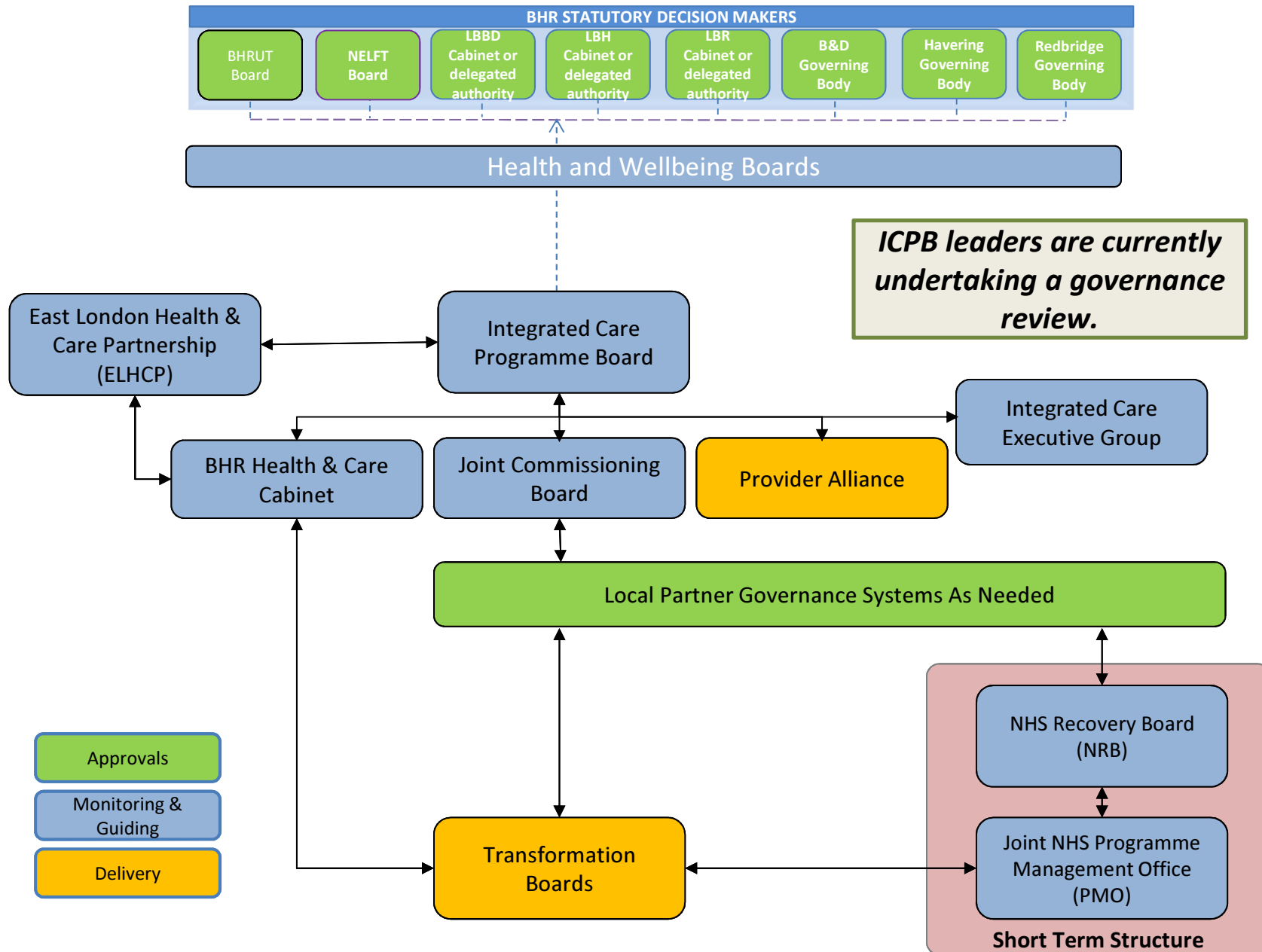
Barking and Dagenham, Havering and Redbridge Integrated Care Partnership  
Statement of purpose

New delivery model achieving improved health and wellbeing outcomes for local people





# System Leadership – current integration governance -





### **Children and young people**

- Full multi-agency agreement on the shared vision for CYP services and the requirement for cultural change.
- An agreed whole system view and a common understanding on the areas requiring prioritisation.
- Full agreement to ensure focus on service user experience and outcomes and an avoidance of operational distractions.

### **Older people and frailty**

- Falls prevention: published BHR Falls Strategy and expansion of Age UK led strength and balance exercise groups across BHR.
- Home-is-best (admission avoidance): 2 week trial in July as part of BHRUT's a "Perfect Tweek Week" successfully diverted 19 patients from admission and established daily collaborative decision-making "huddle" between multiple-provider teams.
- Care homes: "Significant 7" training for nearing 1000 care-home staff to recognise early signs of health deterioration and alignment of a GP practice with named nursing home through an integrated nursing homes scheme.
- End of life care: roll-out of "Coordinate My Care" from April 2019, with the commencement of a local incentive scheme and targeted IT support.

### **Cancer**

- Health Promotion Champions to engage with BME and other hard to reach groups (five champions per CCG).
- Implemented bowel screening coordinator to increase screening rates.
- Implemented faecal immunochemical testing to enable GPs to test patients who have blood present in stools, preventing the need for endoscopies.
- Became part of the SUMMIT study to increase early lung cancer detection.

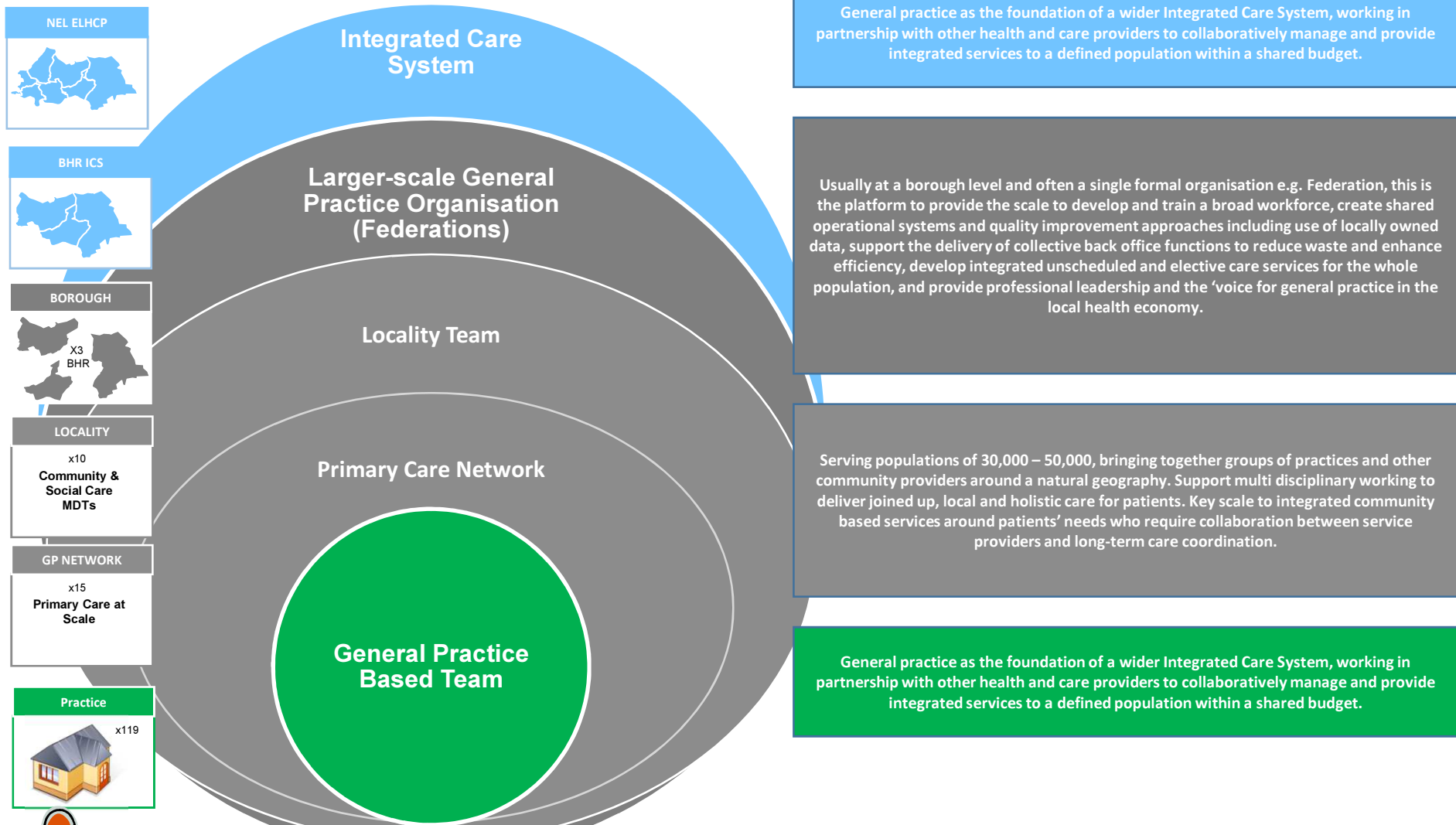
### **Long term conditions (LTC)**

- 2019/20 LTC GP Local Incentive Scheme in place with continuing focus on diabetes treatment targets and targeted atrial fibrillation detection.
- Developed opportunistic atrial fibrillation detection scheme with BHRUT and community pharmacy partners – business case to be brought in early September.
- Agreed to pilot LTC multidisciplinary team (MDT) focussing on complex patients – pilot will test the hypothesis that MDT working can reduce non elective admissions for this patient group.

### **Mental health**

- Developed and agreed a tool for measuring system impact.
- Undertook and completed a draft mapping of adult mental health system to inform the new model of care.
- Agreed a new service model for the delivery of Improving Access to Psychological Therapies.

# Integrated Care System in Context

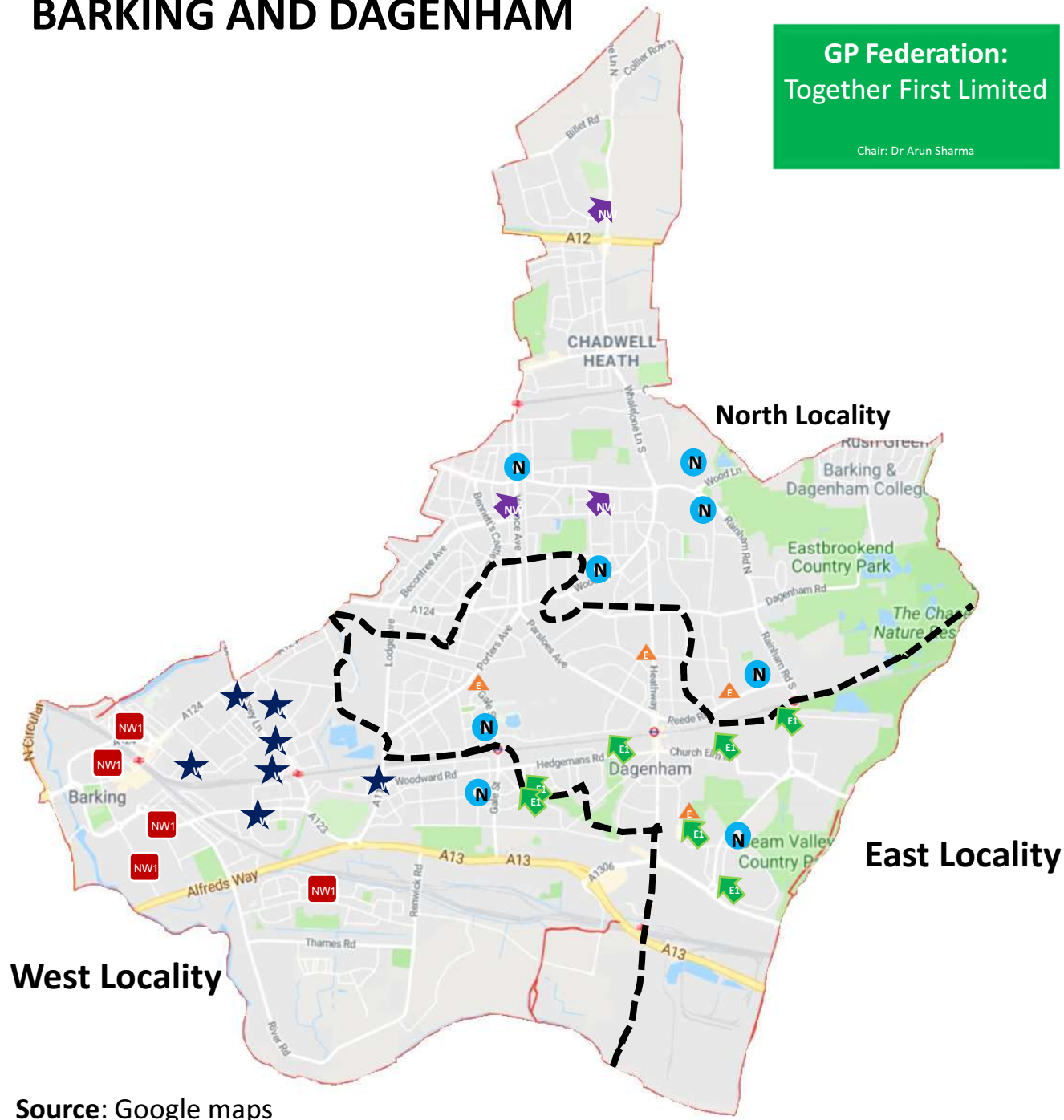


The **Primary Care Network** model is at the core of both the development of General Practice in its own right, and as the foundation of place-based, integrated care. The **GP Federations** are a key platform to expand on the benefits of PCNs and enable further commissioning and to achieve economies of scale at both a borough (single GP Federation) and multi borough (e.g. three BHR Federations working together) level.

# BARKING AND DAGENHAM

**GP Federation:  
Together First Limited**

Chair: Dr Arun Sharma



West Locality

North Locality

East Locality

Source: Google maps

North Primary Care Network; 8 practices List size 43,239	
Green Lane Surgery	3740
Dr S Z Haider & Partners	5704
Dr A K Sharma	9872
Dr A Arif	4533
Five Elms Medical Practice	4057
Gables Surgery	6876
Dr M Ehsan	3042
Dr B K Jaiswal	5415
<b>Total</b>	<b>43,239</b>

North West PCN; 3 practices List size 32,637	
Marks Gate Health Centre	4943
Tulasi Medical Centre	21062
Becontree Medical Centre	6632
<b>Total</b>	<b>32,637</b>

West One Primary Care Network; 7 practices list size 42,919	
Dr P. Prasad	2430
Drs Chibber & Gupta	4465
Drs Sharma & Rai	5492
Highgrove Surgery	7961
Dr Ansari & Ansari	8270
The Barking Medical Group Practice	11348
The John Smith Medical Centre	2953
<b>Total</b>	<b>42,919</b>

New West PCN: 5 practices List size 30,973	
Abbey Medical Centre	6949
Dr G. Kalkat	8538
Dr N. Niranjan	4869
Drs John & John	8415
Shifa Medical Practice	2202
<b>Total</b>	<b>30,973</b>

East Primary Care Network; 4 Practices List size: 39,458	
Broad Street Medical Centre	6553
Porters Avenue (merged 01.04.2019 with Child & Family)	8898
Church Elm	6204
Halbutt Street Surgery	6779
Child and Family Health	11,024
<b>Total</b>	<b>39,458</b>

East ONE Primary Care Network; 7 Practices List size: 37,134	
Dr Alkaisy Surgery	4682
First Avenue Surgery	5401
Heathway Medical Centre	4895
Hedgemans rd	5717
Parkview	4598
St Albans Surgery	8076
The Surgery (Dr Ola)	3765
<b>Total</b>	<b>37,134</b>

- Commissioner landscape in NEL
- 7 CCGs = 3 local integrated care systems (ICS)
- Barking and Dagenham
- Havering
- Redbridge
- Waltham Forest
- Newham
- Tower Hamlets
- City and Hackney
- 7 NELCA CCGs to merge into a single CCG by April 2021

Questions?